Support for Children and Families

Introduction to our team:

Designated Safeguarding Lead: Claire Martin

Hello, I'm Claire Martin, headteacher and designated safeguarding lead. I've worked in education since 2009 becoming a deputy safeguarding lead in 2018 and taking on the role of safeguarding lead as the headteacher at St George's in 2023. My priority will always be to ensure the safety and well-being of your children. I am committed to staying up to date on all training and research that supports the safeguarding of your children, most recently training in Prevent, Get Safe, Operation Encompass and FGM.

Mental health and wellbeing lead: Mrs Deborah Duggins

Hi, I'm Deborah Duggins, HLTA and dedicated Mental Health and Wellbeing Lead at St. George's. My passion is to continue nurturing the emotional resilience of our school community. With the unique challenges faced by our children in this fast-paced world, we want to ensure that every child's wellbeing is at the forefront of our daily life. My aim is to promote a culture where speaking about our feelings and emotions is encouraged and celebrated. We use tailored interventions to help support children through classroom-based activities, group work and 1-1 sessions to foster a resilient community that thrives academically and emotionally.

Special educational needs co-ordinator (SENDCO) and DSL: Mrs Becky Malone

As a SENDCO (SENCO), I am a qualified teacher with additional training in special educational needs and/or disabilities. My primary responsibility involves overseeing the day-to-day implementation of the school's SEN policy. In some schools, I am referred to as a SENDCO.

My role includes coordinating all additional support for children and young people with SEND. On a daily basis, I work to put the setting's SEND policy into action. I collaborate with staff to ensure proper support for children with SEND, and I actively engage with parents to assist in the development of their children.

In addition to my direct involvement within the school, I liaise with local council support services and collaborate with other professionals, such as those in health services. My overarching goal is to create a supportive and inclusive environment for children with special educational needs and/or disabilities.

Family Support Worker: Mrs Tabatha Kenny

Hi, I'm Tabatha, the Family Support Worker at St. George's. My job is all about helping families when they need it most. Whether you're looking for advice on parenting, struggling with finances, or dealing with attendance issues, I'm here to support you. I'll do my best to provide practical solutions, and if there's something I can't directly assist with, I can point you in the right direction. My goal is to make sure that every family in our community feels heard and supported. So, don't hesitate to reach out – together, we can find solutions to make family life a bit easier.

Deputy Headteacher, designated teacher for looked after children (LAC), first aid lead:

Hi, I'm Lisa Browning, the designated teacher for Looked After Children (LAC) and the deputy safeguarding lead at our school. My main focus is helping our staff understand how factors unique to Looked After Children can affect their learning. I'm passionate about fostering high expectations and aspirations for these young learners, ensuring they have a say in setting learning targets.

I'm here to support our staff with advice on teaching strategies tailored to individual children and take the lead in developing and implementing each child's personal education plan (PEP) within the school. My goal is to create an environment where every Looked After Child can thrive academically and personally.

Pupil Premium Lead: Miss Chloe Haines

Hi, I'm Chloe Haines a class teacher and pupil premium lead at St George's. As the Pupil Premium lead, I am dedicated to ensuring an inclusive environment for ALL children, ensuring we are improving educational outcomes for disadvantaged children. My passion for teaching and commitment to equal opportunities drive my efforts to support every child. I cherish the St George's community and am deeply invested in the development and well-being of each child in our care.

Our Early Help Offer

Early Help is a pathway to supporting you and your child as they grow up when you or they may need further support or guidance.

Providing early help to our pupils and families at St George's means we can improve outcomes for children, families, and communities, providing support as soon as a problem emerges, at any point in a child's life, from the early years through to teenage years.

Early Help can support children and their families who may be struggling with:

- Routines and family rules
- Families who may be not be eating healthy food
- Keeping to a healthy lifestyle
- Children who are caring for a family member
- Children who may not want to go to school for different reasons
- Disability within the family including children being a young carer
- Children in the family have special educational needs (SEND)
- Children who may becoming involved in anti-social or criminal behaviour
- Children who go missing from home
- Children or parents / carers misusing drugs or alcohol
- Children at risk of being tricked, forced, or made to work in the criminal world
- Children who may need support because they may live in a home and see drug or alcohol abuse or adult mental health problems.
- Children who have parents who argue a lot (and sometimes might hurt each other) whether the parents live together or apart.

- Children at risk of being groomed to join groups which support illegal views
- A privately fostered child (a child from another family living within your family home)

Early help relies upon local groups and people in the community, sometimes we work together to help children, young people, and their families.

Everyone needs help at some time in their lives and therefore an ethos of early help is important for any school.

Our staff team at St George's are here to support and are based in school most days. Tabatha, our family support worker, is based in school on Mondays but works full time across the other schools in the trust so can be contacted via her email address: fsw@endeavourschools.org

Support that is available to pupils in school includes:

- Pupils are actively encouraged to speak to a member of staff about any concerns they have
- A member of the support staff is available in each classroom for children
- We have a family support worker based in school on Mondays, but available throughout the week. She operates a food pantry based in school but can also support with getting access to food bank vouchers.
- Many classes offer a circle time session at least weekly during which issues that have arisen or potential issues, can be addressed. Our PSHCE curriculum is reviewed against our CPOMS safeguarding data regularly.
- There is an active School Council which meets half termly. This enables pupils to express their views, ideas or concerns and shape decisions. At St George's we believe it is important for pupils to know that they will be listened to and their views/concerns taken seriously
- Pupil questionnaires ascertain if they feel happy and safe in school
- Staff training includes pupil anxiety and behaviour, attachment, mental health, medical needs, online safety etc
- Engagement in local and national safeguarding initiatives such as Safer Internet Day, Antibullying week

Local Services

Please include information on the services available in your local area / district...

The Front Door to Children's Services

If a member of staff, parent/carer or member of the public thinks a child or young person is at immediate risk of significant harm or has been harmed they should contact the Family Front Door (FFD) – 01905 822 666 or in an emergency always call 999.

WSCP (Worcestershire Safeguarding Children's Partnership) website.

Important information for parents and professionals across Worcestershire in relation to keeping children safe and avenues of support including early help options. Everyone should know how to access this website which has all of the agreed Worcestershire safeguarding and child protection processes on it.

https://www.safeguardingworcestershire.org.uk

Online Safety (E-safety)

Online Activity (phones, computers) can be a serious risk to children. The use of technology has become a significant component of many safeguarding issues - Child sexual exploitation; radicalisation; sexual predation. Technology often provides the platform that facilitates harm. With the right support, education and safety measures in place the internet and new technologies can also bring great benefits but we must all be vigilant.

PACE (Parents Against Child Exploitation) UK is a useful website to engage parents with safety issues.

www.paceuk.info

Child Exploitation and Online Protection (CEOP) Centre. This is a one stop shop for most information about online safety.

https://www.thinkuknow.co.uk/parents

https://www.thinkuknow.co.uk/professionals

https://www.ceop.police.uk/safety-centre

The above links also contains useful information to help parents keep their children safe online.

https://www.educateagainsthate.com

This is the government website to help parents and professionals understand the risks of children and young people being radicalised by extremists online and how to keep children safe from this.

Family Hub – Children's Centres

<u>Children's centres | Worcestershire County Council</u>

Foodbank

Along with our own food bank, known as The Pantry, we can support you in getting vouchers for the local food bank

https://www.trusselltrust.org

Trussell Trust provides guidance on ways to get support and advice with food and finances. The link will provide you with information about your local foodbank.

Early Help Family Support Service:

The Early Help Family Support Service is delivered by Worcestershire Children First directly to families permanently living in Worcestershire who have children aged 0-18 years old and need help

and support specifically from a Family Support Worker. For more information, please visit:

Worcestershire Children First Early Help Family Support Service | Worcestershire County Council

Health (including mental health, emotional wellbeing, and sexual health)

The **Starting Well Partnership** offer a range of health services which support both children and families experiencing a range of health issues.

Worcestershire Health Visiting Service | Starting Well (startingwellworcs.nhs.uk)

If your child is under 5 years old and you need advice on issues such as feeding, behaviour, or toileting you can contact the **Telephone Advisory Service** on **0300 123 9551** (Monday – Friday 9am til 3pm).

A Health Visitor will assist you over the phone with any worries, concerns, or questions you have.

School Health Nursing | Starting Well (startingwellworcs.nhs.uk)

School health nurses offer a range of services such as home visits, health needs assessments, time4u drop-in service, school aged hearing and national child measurement programme to support the needs of children and their families.

<u>Text service supporting young people</u> | <u>Latest news, updates and opportunities</u> | <u>Starting Well</u> (<u>startingwellworcs.nhs.uk</u>)

Chat health is a free and confidential text service for young people in need of advice or support TO CONFIDENTIALY CONTACT YOUR SCHOOL NURSE, TEXT: 07507331750

Social Prescribing :: Onside Advocacy, Worcestershire (onside-advocacy.org.uk)

Social Prescribers support you to take control of your health and look after yourself by making connections with the different types of community support available.

<u>I am worried about my Child's mental health | Herefordshire and Worcestershire Health and Care</u> NHS Trust (hacw.nhs.uk)

<u>Home - Kooth</u>

Kooth is an online mental wellbeing community which offers free, safe, and anonymous support.

Reach 4 Wellbeing | Herefordshire and Worcestershire Health and Care NHS Trust (hacw.nhs.uk)

The Reach4Wellbeing team promotes positive wellbeing to reduce the stigma of mental health by providing short-term group programmes for children and young people age 5-18 experiencing mild to moderate anxiety and low mood.

Papyrus UK Suicide Prevention | Prevention of Young Suicide (papyrus-uk.org)
Papyrus can offer suicide prevent support providing free and confidential helplines, advice, webchats, and resources.

Home | Healthy Minds (whct.nhs.uk)

Winston's Wish - giving hope to grieving children (winstonswish.org)

Winstons Wish provide support for children and young people following the death of a sibling, parent, or a person important to a child.

Sexual Health Sexual health | Sexual health | Worcestershire County Council

<u>Worcestershire Integrated Sexual Health Service (WISH) | Herefordshire and Worcestershire Health</u> and Care NHS Trust (hacw.nhs.uk)

WISH offer friendly and non-judgemental specialist services to support with information and advice, contraception, pregnancy, STIs and screening.

<u>Under 21 Saturday Service</u> - Clinic telephone lines are open between 10:00am – 12:30pm on Saturdays - Please call: 01905 681673 for further details.

Young People have a telephone consultation and are asked questions about their relationships. Callers will be advised what to do next and directed towards a clinic if necessary.

WISH have a dedicated Outreach nursing service. Referral forms can be found at www.knowyourstuff.nhs.uk The Outreach team see young and vulnerable people who couldn't otherwise access sexual health services.

Free STI test kits and contraception: <u>SH:24 Free Home STI STD Test | Sexual & Reproductive Health</u> (sh24.org.uk)

Bullying (including Cyberbullying)

If you are concerned your child or a child, you know is being bullied there are several services and useful links which can help you support your child as a parent.

In the first instance if bullying is happening at school, please speak to a member of staff who will be able to help.

The following links will provide you with more information if you or someone you know is being bullied:

<u>Is your child or someone you know being bullied?</u> | <u>Is your child or someone you know being bullied?</u> | <u>Worcestershire County Council</u>

Are you being bullied? | Are you being bullied? | Worcestershire County Council Cyberbullying | Cyberbullying | Worcestershire County Council https://www.kidscape.org.uk/resources-and-publications/

Online Safety

If you have concerns around the safety of your child or a child you know online, the following links will provide you with information, support, and advice to help understand the risks and keep your child safe online:

- https://www.thinkuknow.co.uk/parents/
- Online safety | Barnardo's (barnardos.org.uk)
- http://educateagainsthate.com/

- www.internetmatters.org
- https://www.bbc.com/ownit/the-basics/8-tips-for-staying-safe-online

Sexting is the sending or receiving of sexually explicit images, videos or conversations online. Sexting and sending nudes | NSPCC

https://www.thinkuknow.co.uk/parents/articles/Nude-selfies-a-parents-guide/

Relationships

The following services and links offer information, advice, and intervention on healthy relationships for your family and children:

Healthy relationships | NSPCC

Challenges at home: <u>Harmony at Home – information and support for parent carers | Harmony at Home – information and support for parent carers | Worcestershire County Council | March 1988 | March 2018 | March 2018</u>

CRUSH is an awareness raising and support programme to help young people make safe and healthy relationships. http://www.westmerciawomensaid.org/crush/

Relationships | The Family Hub | Worcestershire County Council

Friendships and relationship in teenagers

Making friends and starting new relationships are a big part of getting older. It's very common to fall out with friends or break up from relationships — which can be very difficult to deal with. You might also be in a relationship that doesn't feel right and need some advice about what to do. The websites below contain lots of information about making friends, peer pressure, healthy and unhealthy relationships, sex and much more. There is also information available for parents around how to talk to your child about friendships, sex and relationships.

Childline - Friends, relationships and sex (opens in a new window)

<u>Disrespect Nobody - Signs to spot (opens in a new window)</u>

NHS Choices - How to talk to your child about sex (opens in a new window)

NHS Choices - Sex and young people (opens in a new window)

SEND (Special Educational Needs and/or Disabilities)

(Please include any information / support you offer in your setting.)

If you are looking for information or advice the following links will help you:

SEND Local Offer | Worcestershire County Council or contact localoffer@worcschildrenfirst.org.uk

SEND Information, Advice, Support Service <u>SENDIASS Worcestershire and Herefordshire</u> (hwsendiass.co.uk)

Social care support for children with disabilities | Social care support for children with disabilities | Worcestershire County Council









The Online Family Hub has been developed to provide you with a range of different types of resources that are available to you online, on the phone or face to face that you can access directly.

The Family Hub can offer you support and information with the challenge's family life can bring.

The Family Hub | Worcestershire County Council









Early Help in Worcestershire have created a **booklet** to help families find out about the help and support available in the county for children and young people aged 0-18 years old. The new booklet will help you and families find the most appropriate support.

To download this booklet, please visit: The Family Hub | Worcestershire County Council

Worcestershire Young Carers

Worcestershire Young Carers aim to identify, and support children and young people aged 7 to 24 years who have a caring role within the home and help look after a parent, sibling, or grandparent due to illness, disability, physical or mental health difficulties or substance misuse.

Worcestershire Young Carers/Shropshire Young Carers | YSS

Carers | Worcestershire County Council

Finance, Housing and Employment

If you are facing challenges around employment and income, please contact the local job centre who can with offer support with jobseekers' allowance, incapacity benefit, employment and support allowance and income support:

Local Job Centre Plus,

Worcester Job Centre Plus, Haswell House, Sansome Street, Worcester, WR1 1UZ Telephone: 0845 6043719

Citizen's Advice Bureau Worcester Citizens Advice – Worcester Citizens Advice Bureau and WHABAC (Worcester Housing and Benefits Advice Centre) (citizensadviceworcester.org.uk)

Building Better Opportunities is a service to help local people move closer to employment. <u>Building</u> <u>Better Opportunities (fusionworcs.co.uk)</u>

For information on what financial and housing support is available in Worcestershire, please visit: Housing and finances | The Family Hub | Worcestershire County Council

Parenting Support

The Starting Well Partnership offer a range of parenting support, information, groups, and courses. For information on the groups available please visit: Parenting groups | Starting Well (startingwellworcs.nhs.uk)

Parenting Talk is an online hub offering information, advice, and a free confidential online chat with a parenting advisor.

<u>Parent Talk - Support for Parents from Action For Children</u>

Homestart can work with you to provide one to one support in the family home each week. This service provides support tailored to your needs and can help you as parents they learn to cope and build confidence to provide as best you can for your children.

Home-Start | South Worcestershire (home-startsw.org.uk)

Family Information Service

Do you need advice and support around finding childcare? The following link will provide you with the contact details of the Family Information Service's District Teams:

http://www.worcestershire.gov.uk/info/20507/childcare/1579/family_information_service

Substance Misuse

Swanswell - Cranstoun

Here 4 Youth is support service for children and young people up to the age of 18 who may be struggling with their use of drug and / or alcohol. Here4YOUth Worcestershire - Cranstoun

Do you have a family member in prison?

Do you have a family member in prison which is having an impact on your child? Support is available to work with both the person in prison and your family.

NICCO

Families First provides support and guidance in a safe space, to enable the whole family to cope with the demands of having a partner, and parent, in prison: <u>Families First | YSS</u>

Get Safe

If you are worried your child is at risk of being tricked, forced, or made to work in the criminal world please speak to a member of staff and visit <u>Get Safe</u> for help and information:

https://www.worcestershire.gov.uk/GetSafe-keepingchildrenandyoungpeoplesafefromcriminalexploitation

If you are experiencing any of these challenges or issues affecting family life, please contact a member of staff who will be happy to provide you with further advice and support.