



## School Lunch Menu

3 Week Cycle	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>Week One</b>	Beef Burger or Vegetable Burger With Seasonal Vegetables  Flap Jack	Turkey Escalope Or Cheese and Tomato Pinwheel With Diced Potato Whole Wheat Spaghetti Hoops  Blueberry Muffin	Roast of the Day Or Roast Quorn With Seasonal Vegetables and Roast Potatoes  Jelly	Mince Beef Cheat Or Macaroni Cheese With Seasonal Vegetables  Iced Cake	Chicken Nuggets Or Vegetable Nuggets With Chips and Beans  Ice Cream
<b>Week Two</b>	Jacket Potato with a Selection of Fillings Or Tuna Pasta Bake  Gingerbread Biscuit	Sausage or Vegetable Sausage With Mash, Peas and Gravy  Chocolate Crispy Cake	Roast of the Day Or Roast Quorn With Seasonal Vegetables and Roast Potatoes  Chocolate Mousse	Chicken Curry With Rice Or Cheese and Onion Lattice Slice  Flap Jack	Cheese and Tomato Pizza Or Salmon Bites With Chips and Vegetables  Frozen Yoghurt
<b>Week Three</b>	Hot Dogs Or Quorn Dogs With Beans or Vegetables  Syrup Sponge and Custard	Meat Balls Or Vegetable Balls In a Tomato Sauce With Pasta and Seasonal Vegetables  Short Bread	Roast of the day Or Roast Quorn With Seasonal Vegetables and Roast Potatoes  Jelly	Turkey Chilli filled Taco Or Vegetable Pasta With Seasonal Vegetables  Chocolate Cake	Fish Stars With Chips and Peas  Ice Cream

***A selection of fresh salad, homemade coleslaw, couscous, bread and pasta, fresh fruit and homemade yoghurt available each day from the salad bar.  
Fresh chilled drinking water will be available daily.***

Some products produced in the school kitchen may contain traces of allergens such as nuts or milk. If your child suffers any specific dietary requirement, please ask a member of the kitchen staff.