

Monday 6<sup>th</sup> February 2023

Dear Parents and Carers,

**It is Children's Mental Health Week:**

At St. George's we understand the importance of children's emotional well-being and mental health. So, this week we are proud to be celebrating and supporting Children's Mental Health Week. Our week began with a special assembly talking about the things we can do to be 'the best version of me' and the importance of feeling proud of who we are, who we are connected to and where we belong. Each day this week we will be thinking about a different aspect of mental health and on **Wednesday 8<sup>th</sup> February** we are inviting all children (and staff) to '**DRESS TO EXPRESS**' themselves.



Children can wear anything that makes them 'feel good to be me' - it could be...

- Their favorite colour(s).
- Kit or uniform they wear when they support, attend or play for their favorite team or club.
- Something they wear when they are doing their favorite activities. For example, wellington boots for splashing in puddles, the outfit they wear for karate, dance, kickboxing, or gymnastics.
- Their school uniform.
- Their favorite outfit to wear to mosque or church.
- National costume for the country where their family originate from

More information for parents and carers about Children's Mental Health is available on our website.



**ST. GEORGE'S**  
CE First School and Nursery



**Endeavour**  
**Schools Trust**  
Inspired to Excel

**Our value for this half-term is courage:**

Through our assemblies this half-term we have been learning about the importance of having courage so that we overcome our fears and 'have a go' even if something may feel very tricky or challenging. We heard the story of David and Goliath, where a small person had the courage to stand up to a 'big bully'. We have also learnt that because he had courage in his heart, a quiet, peaceful person called Archbishop Desmond Tutu made a really positive difference to our world by fighting injustice and inequality.

**Community Chat:**

*Donna and Tamuka are our local 'Community Builders' and they would like to invite you to a 'Community Chat' session on Tuesday 14<sup>th</sup> February from 9.00am. They are keen to learn from you what kinds of services and events you would like to see in our local area – please do come along and share your ideas. We will then work together with you, Donna and Tamuka to make things happen!*

**Love Your Community**  
**@ST.GEORGE'S**

**09:00 - 11:00**  
**Tuesday February 14th**

You are welcome to bring  
food to share and we will  
provide cake, tea and coffee.

**Come and chat to your local  
community builders**

*We look forward to seeing you!*

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**Executive Headteacher: Nicki Wright Headteacher: Marie Bradbury Deputy Headteacher: Adam Rivett**  
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### **School website:**

Over the last few weeks, we have been doing a lot of work to update our school website. We have added and updated a lot of new information which we believe will be useful for parents and carers – please do take a look.

We have tried to load as much information as we can, directly onto the website. This means that if your browser is set to your home language the information will automatically be translated into your home language too.

### **REMINDER about no 'whole nuts' in packed lunches:**

We have several children in school with nut allergies. We recognise that we cannot eliminate nut products completely. However, to minimise the potential risks we do ask that **no 'whole nuts' are included in children's packed lunches**. Thank you for your co-operation with this.

### **Free School Meals:**

If you are entitled to certain benefits your child could be entitled to free school meals. Not only does this ensure that they get a hot meal every single day, but you can also claim for the cost of school uniform, and you will get supermarket vouchers to cover the cost of food during school holiday periods too. To see if you are eligible, please apply online at: [Citizen Portal - Sign in \(worcestershire.gov.uk\)](https://www.worcestershire.gov.uk/citizen-portal)

### **Vouchers for February half-term week:**

For the parents of children entitled to Free School Meals, we will be arranging for the £15 per child voucher for February half-term week to be emailed out to parents on Tuesday 14<sup>th</sup> February 2023. If you do not receive any email or have any problems downloading your voucher, please pop into the school office and a member of our team will help.

### **REMINDER for parents of Year 4 children:**

In June your child will be doing the Government's Multiplication Tables Check. Mr Abbott is running workshops for parents this week to share information about what your child will be doing and how you can help them. The workshops are taking place as follows:

- Tuesday 7<sup>th</sup> February at 3.20pm
- Thursday 9<sup>th</sup> February at 8.45am
- Thursday 9<sup>th</sup> February at 2.30pm

We very much look forward to seeing you.

We hope you have a great week and look forward to seeing you at the Year 4 parent's workshops or the Community Chat session next week.

Kind regards,

Marie Bradbury  
Headteacher